

Chef Bryan Nader, CEC Regional Executive Chef | Trinity Health

A family focused on food. This is how Chef Bryan began his love for creating culinary delights. A graduate of the Secchia Institute of Culinary Education, Chef Bryan both worked and managed Grand Rapids area restaurants for 15 years and landing at Trinity Health Saint Mary's as lead chef in the Lack's Cancer Center kitchen. Here he created healthy foods focused for cancer patients and used his talents to help create a room service focused dining style for all the patients before moving into the role of Sous Chef. Chef Bryan has worked on creating a hospital garden, and creating healthy, great tasting meals not only for patients but customers of the cafeteria. He also helped to bring more of a focus to seasonal cooking and eating, while using local and sustainable ingredients and creating a veg-centric style of dining. After gaining his CEC status in 2018, he has taken on a new role as Regional Executive Chef for Trinity Health where he still displays his culinary skills today. You can find Chef Bryan periodically on WZZM My West Michigan as well as FOX 17, displaying healthy, delicious, and easy recipes families can make at home.



Photo By: M-Buck-Studio, Michael Buck

